



**Walk, Roll or Run for Your Health
& Help Homeless Vets!**

2013 DONATION CHECKLIST

PRINT NAME: _____
DEPT: _____
ADDRESS: _____
STATE: _____ *ZIP:* _____
VAMC EXTENSION (Employees): _____

ARE YOU PLANNING TO WALK? YES NO

✓ **CHECK OFF WHAT YOU DONATED.**

- Metro cards / Calling cards (Bring cards to CRRC)
- Shaving Cream
- Tooth Brush / Toothpaste
- Soap & Deodorant
- Detergent
- Wash Cloth & Towel
 - T-Shirts
 - Rain Gear / Jacket
 - Shoes / Socks
 - New Undergarments

Attach your donations to this card.

Drop off in the Atrium Box

Sponsored by the VHA Employee Health
Promotion and Disease Prevention Program,
Organized by your Social Work & Nursing Service